

WCM MOTHER CHILD SERVICES

2024 Schedule for Childbirth and Breastfeeding Classes
Call (304) 797-6161 to sign-up.

**Class size is limited and is on a first call, first reservation basis.*

**A minimum of two participants is required for each class.*

**You are encouraged to schedule your classes for your third trimester.*



Childbirth Classes

February 5, 12, 19
May 6, 13, 20
August 5, 12, 19
November 4, 11, 18
6pm-8pm

**Purewal
Conference Rooms**

You and your support person will register for 3 consecutive Monday evening classes to help prepare for your labor and delivery.



Breastfeeding Basics

March 5
June 4
September 3
6pm-8pm

**Purewal
Conference Rooms**

This class will introduce you and your support person to the fundamentals of breastfeeding.



All Day Saturday Childbirth Class

February 10
June 8
October 12
8am-4pm

**Purewal
Conference Rooms**

For those unable to attend our Monday evening classes, you are invited to attend our one day Saturday Childbirth Class. You and your support person are invited to prepare for labor and delivery.

Classes are free to those delivering at WMC.